

# Connecting air pollutant mixtures and health risk

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- We are exposed to complex mixtures of PM<sub>2.5</sub> constituents and multiple gaseous pollutants
- Mixtures characteristics are linked to local and regional sources so will vary geographically.
- The Air Quality Health Index (AQHI) considers mixtures.
- Can we define a chronic exposure index that considers mixtures?
- What evidence is there that mixtures matter?

# Quick tour of some relevant Canadian studies

Research

A Section 505-compliant HTML version of this article is available at <https://doi.org/10.1285/ohp.149226>

Ambient PM<sub>2.5</sub>, O<sub>3</sub>, and NO<sub>2</sub> Exposures and Associations with Mortality over 16 Years of Follow-Up in the Canadian Census Health and Environment Cohort (CanCHEC)

Dan L. Crouse,<sup>1,2</sup> Paul A. Peters,<sup>2</sup> Perry Hystad,<sup>3</sup> Jeffrey R. Brook,<sup>4,5</sup> Aaron van Donkelaar,<sup>6</sup> Randall V. Martin,<sup>6</sup> Paul J. Villeneuve,<sup>7</sup> Michael Jerrett,<sup>8</sup> Mark S. Goldberg,<sup>9,10</sup> C. Arden Pope III,<sup>11</sup> Michael Brauer,<sup>12</sup> Robert D. Brook,<sup>13</sup> Alain Robichaud,<sup>14</sup> Richard Menard,<sup>14</sup> and Richard T. Burnett<sup>1</sup>

[www.nature.com/scientificreports](https://www.nature.com/scientificreports)

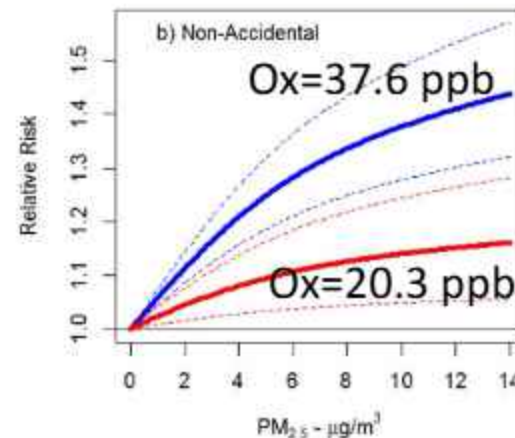
SCIENTIFIC REPORTS

OPEN

Impact of Oxidant Gases on the Relationship between Outdoor Fine Particulate Air Pollution and Nonaccidental, Cardiovascular, and Respiratory Mortality

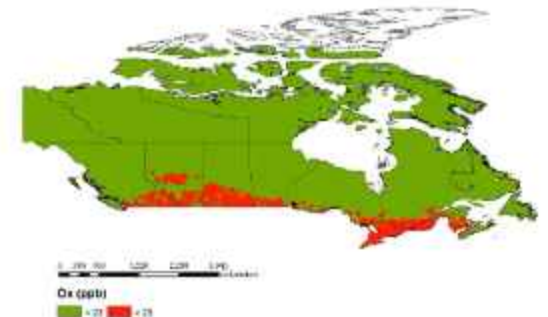
Received: 10 July 2017  
Accepted: 17 November 2017  
Published online: 21 November 2017

Scott Weichenath<sup>1,2</sup>, Lauren L. Pinaut<sup>1</sup> & Richard T. Burnett<sup>1</sup>



“our findings suggest that oxidant gases enhance the chronic health risks of PM<sub>2.5</sub>”

“reductions in O<sub>x</sub> concentrations may have the added benefit of reducing the public health impacts of PM<sub>2.5</sub> even if mass concentrations remain unchanged”



“PM<sub>2.5</sub> alone does not fully characterize the toxicity of the atmospheric mix”

“efforts should be made to model the toxicity of atmospheric mixtures when modeling population burden of disease attributable to air pollution exposure”

# Quick tour of some relevant Canadian studies

Christidis et al. *Environmental Health* (2019) 18:84  
<https://doi.org/10.1186/s12940-019-0518-y>

Environmental Health

RESEARCH

Open Access

## Low concentrations of fine particle air pollution and mortality in the Canadian Community Health Survey cohort



Tanya Christidis<sup>1\*</sup>, Anders C. Erickson<sup>2</sup>, Amanda J. Pappin<sup>3,4,5</sup>, Daniel L. Crouse<sup>3</sup>, Lauren L. Pinault<sup>1</sup>, Scott A. Weichenthal<sup>6,5</sup>, Jeffrey R. Brook<sup>6,12</sup>, Aaron van Donkelaar<sup>7,11</sup>, Perry Hystad<sup>8</sup>, Randall V. Martin<sup>7,9,11</sup>, Michael Tjepkema<sup>1</sup>, Richard T. Burnett<sup>10</sup> and Michael Brauer<sup>2</sup>

“PM<sub>2.5</sub> is associated with mortality and that the inclusion of gaseous co-pollutants, O<sub>x</sub> in particular, may better characterize the biologically active aspects of PM<sub>2.5</sub>”

- *a 24% difference in mortality risk between low and high O<sub>x</sub> exposures*

“knowledge of interactions between PM<sub>2.5</sub> and oxidant gases leading to adverse health will improve risk management activities and public health”



# Quick tour of some relevant Canadian studies

Weichenthal et al. *Environmental Health* (2016) 15:44  
DOI 10.1186/s12940-016-0129-8

Environmental Health

Research

A Section 508-compliant HTML version of this article  
is available at <https://doi.org/10.1289/EHP9448>

RESEARCH

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Ambient PM<sub>2.5</sub> and risk of emergency room visits for myocardial infarction: impact of regional PM<sub>2.5</sub> oxidative potential: a case-crossover study



Scott Weichenthal<sup>1</sup>, Eric Lavigne<sup>1,2</sup>, Greg Evans<sup>3</sup>, Krystal Pollitt<sup>4</sup> and Rick T. Burnett<sup>1</sup>

Association of Sulfur, Transition Metals, and the Oxidative Potential of Outdoor PM<sub>2.5</sub> with Acute Cardiovascular Events: A Case-Crossover Study of Canadian Adults

Scott Weichenthal,<sup>1,2</sup> Eric Lavigne,<sup>1,2</sup> Alison Traub,<sup>4</sup> Dana Umbrio,<sup>4</sup> Hongyu You,<sup>2</sup> Krystal Pollitt,<sup>4</sup> Tim Shin,<sup>2</sup> Ryan Kulka,<sup>1</sup> Dave M. Stieb,<sup>5</sup> Jill Korsiak,<sup>1</sup> Barry Jessiman,<sup>7</sup> Jeff R. Brook,<sup>7</sup> Marianne Hatsopoulou,<sup>8</sup> Greg Evans,<sup>4</sup> and Richard T. Burnett<sup>6</sup>

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<sup>2</sup>Air Health Science Division, Health Canada, Ottawa, Canada

<sup>3</sup>School of Epidemiology and Public Health, University of Ottawa, Ottawa, Canada

<sup>4</sup>Department of Chemical Engineering and Applied Chemistry, University of Toronto, Toronto, Canada

<sup>5</sup>Department of Environmental Health Sciences, Yale School of Public Health, New Haven, Connecticut, USA

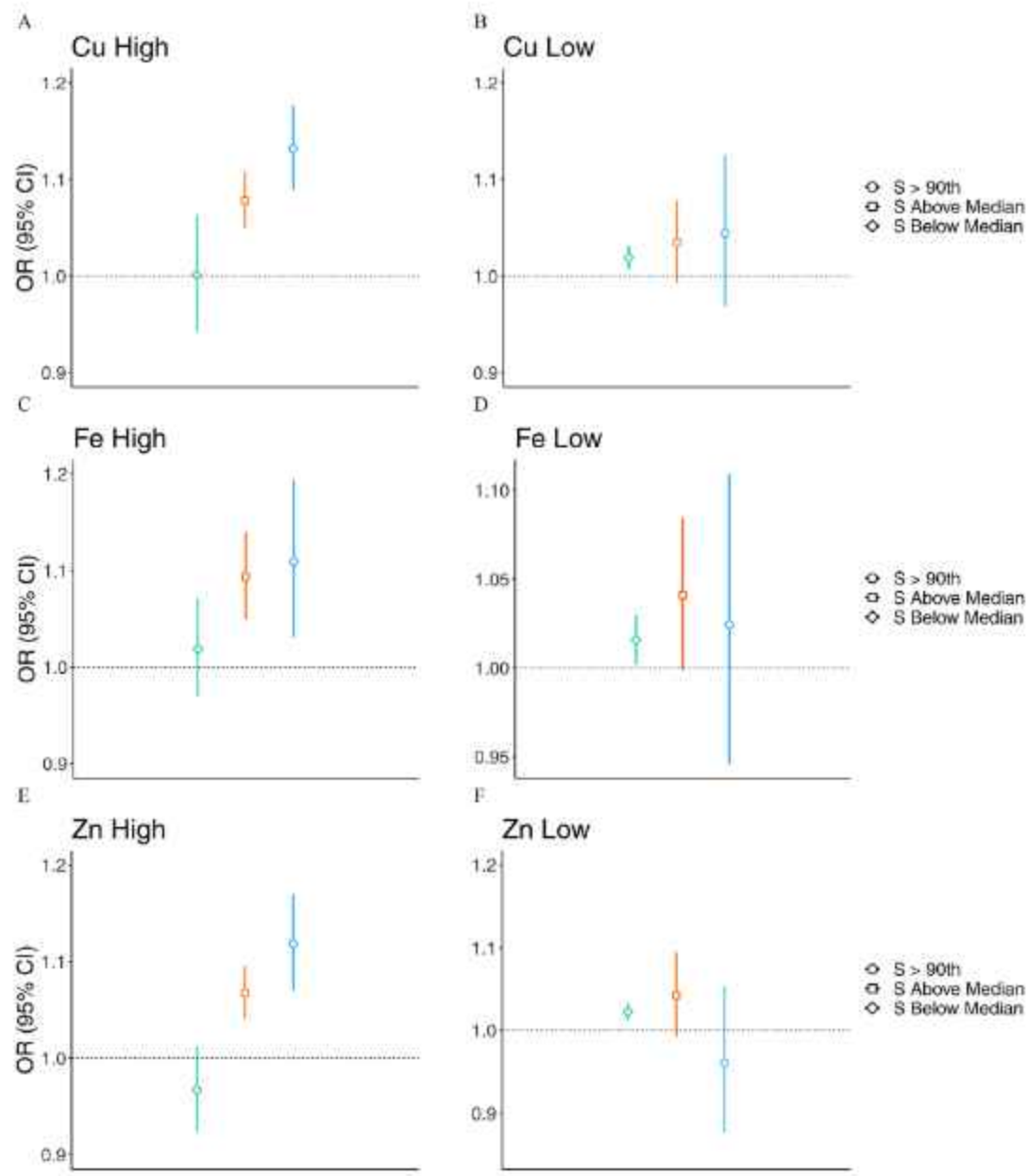
<sup>6</sup>Population Studies Division, Health Canada, Ottawa, Canada

<sup>7</sup>Dalla Lana School of Public Health, University of Toronto, Toronto, Canada

<sup>8</sup>Department of Civil and Mineral Engineering, University of Toronto, Toronto, Canada

“Regional PM<sub>2.5</sub> oxidative potential may modify the impact of PM<sub>2.5</sub> on the risk of myocardial infarction. The combined oxidant capacity of NO<sub>2</sub> and O<sub>3</sub> may magnify this effect.”

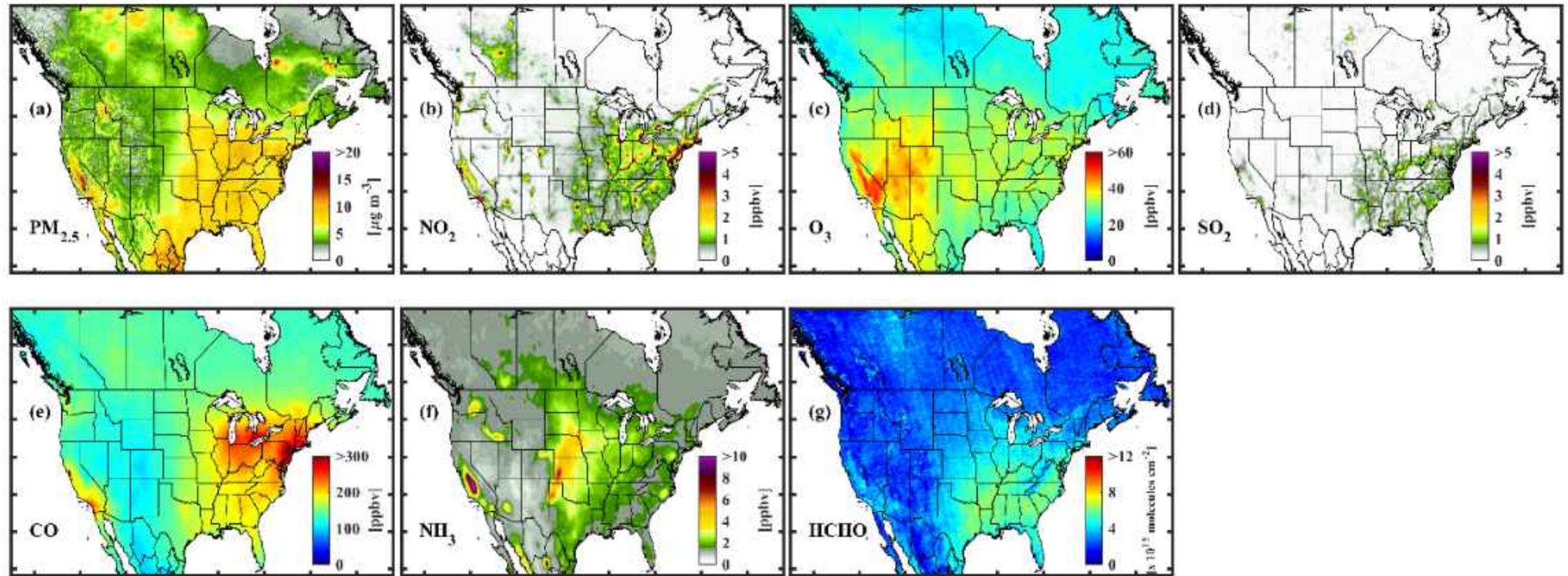
- Strength of the PM<sub>2.5</sub> association with acute cardiovascular events influenced by proportions of transition metals and sulfur.
- Oxidative potential (OP) metrics capture this trend in part because they are more strongly correlated with transition metals in PM<sub>2.5</sub> when S content is higher.
- These results provide new information on why we continue to see adverse health effects of PM<sub>2.5</sub> at low mass concentrations.



# Development of a chronic exposure index

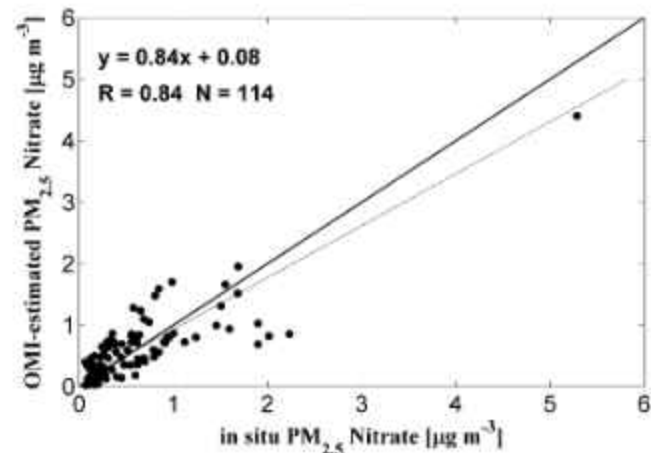
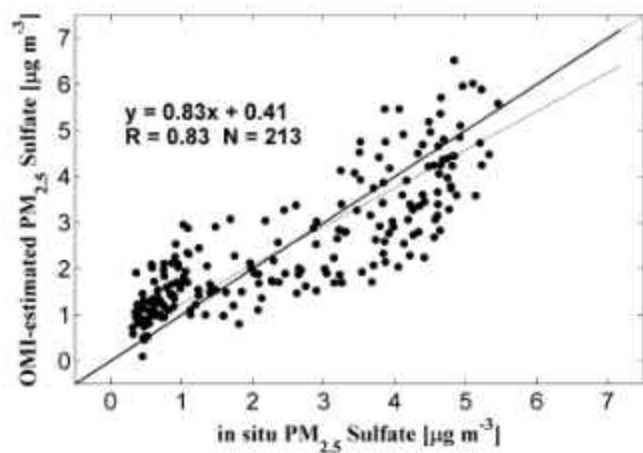
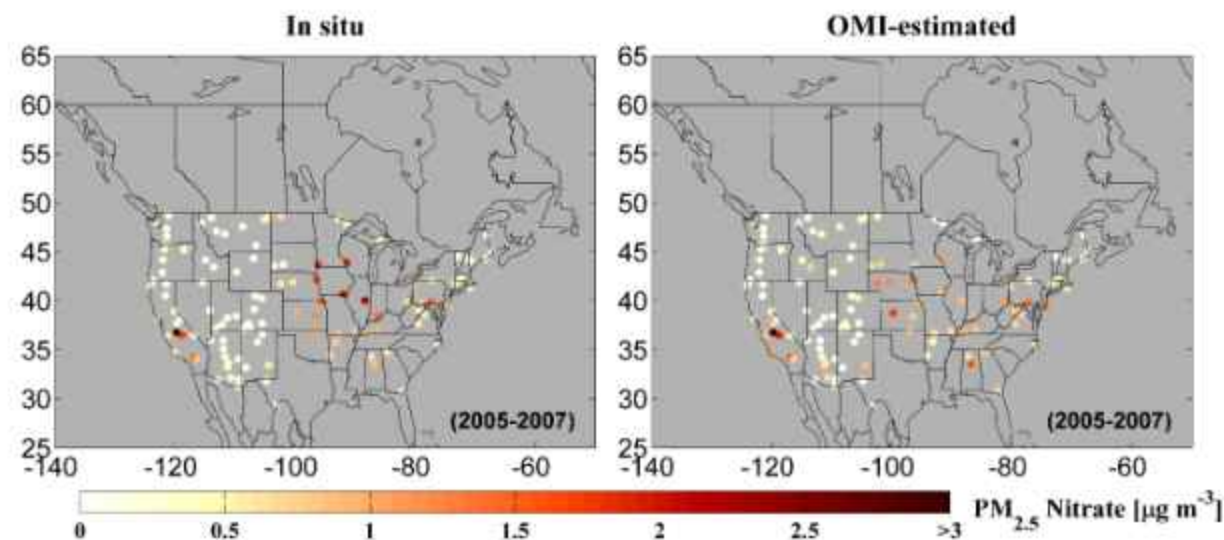
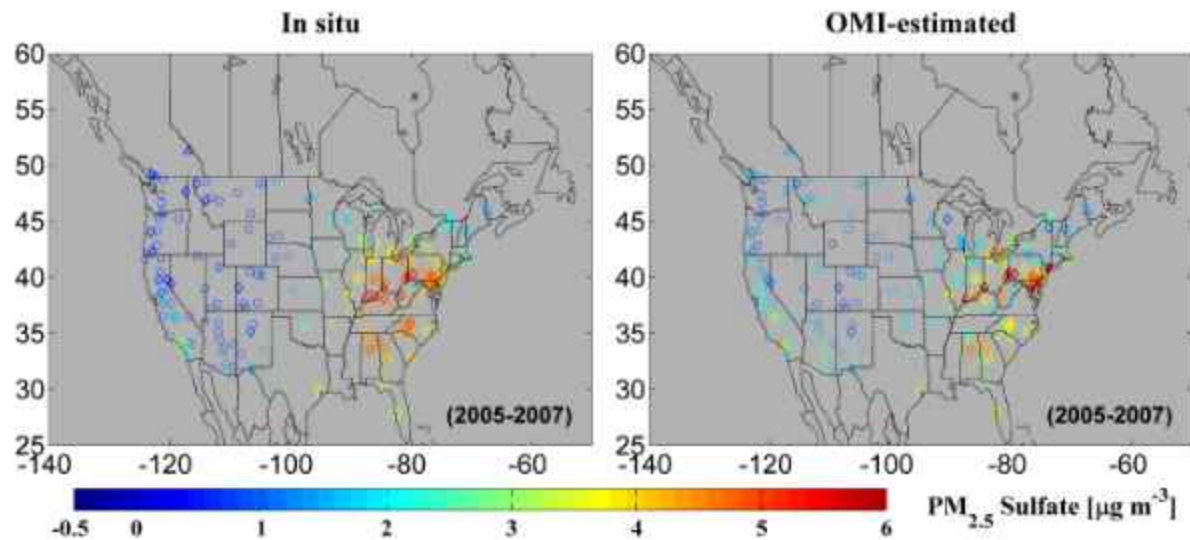
- considers mixtures
- can be derived for the globe

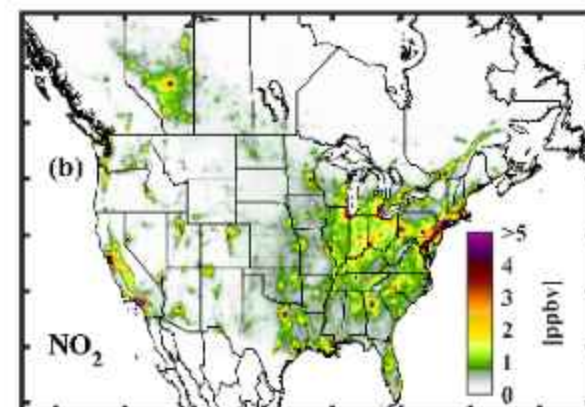
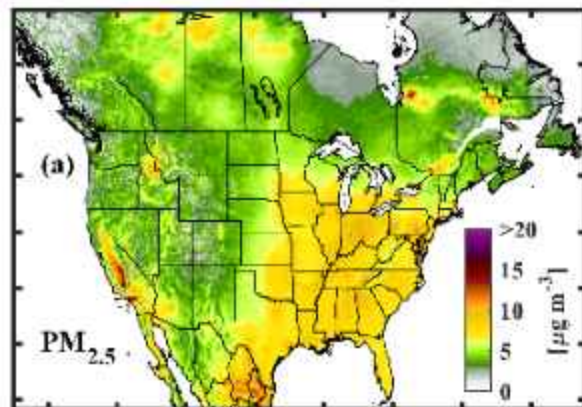
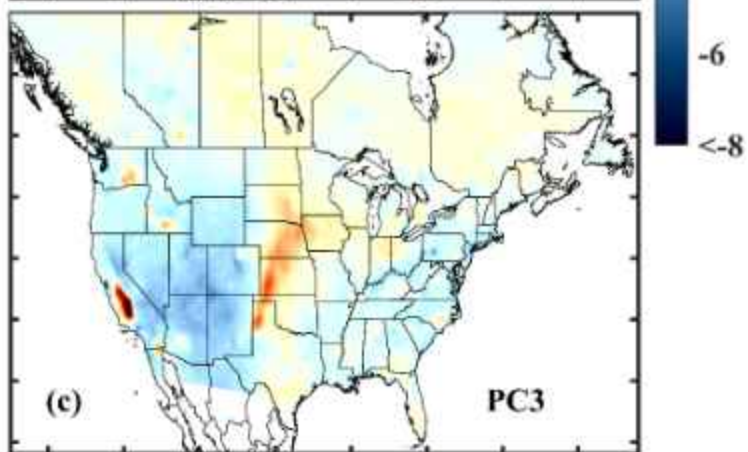
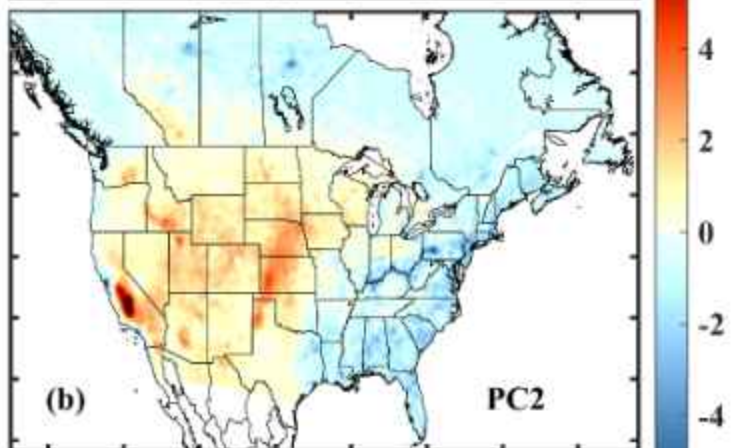
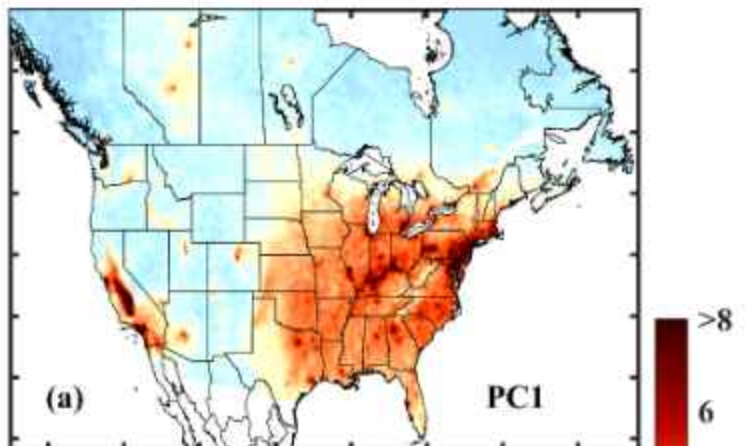
# 2012-14 Principal Component Analysis (PCA) Inputs for North American Domain





# Satellite mixtures reflect PM2.5 speciation



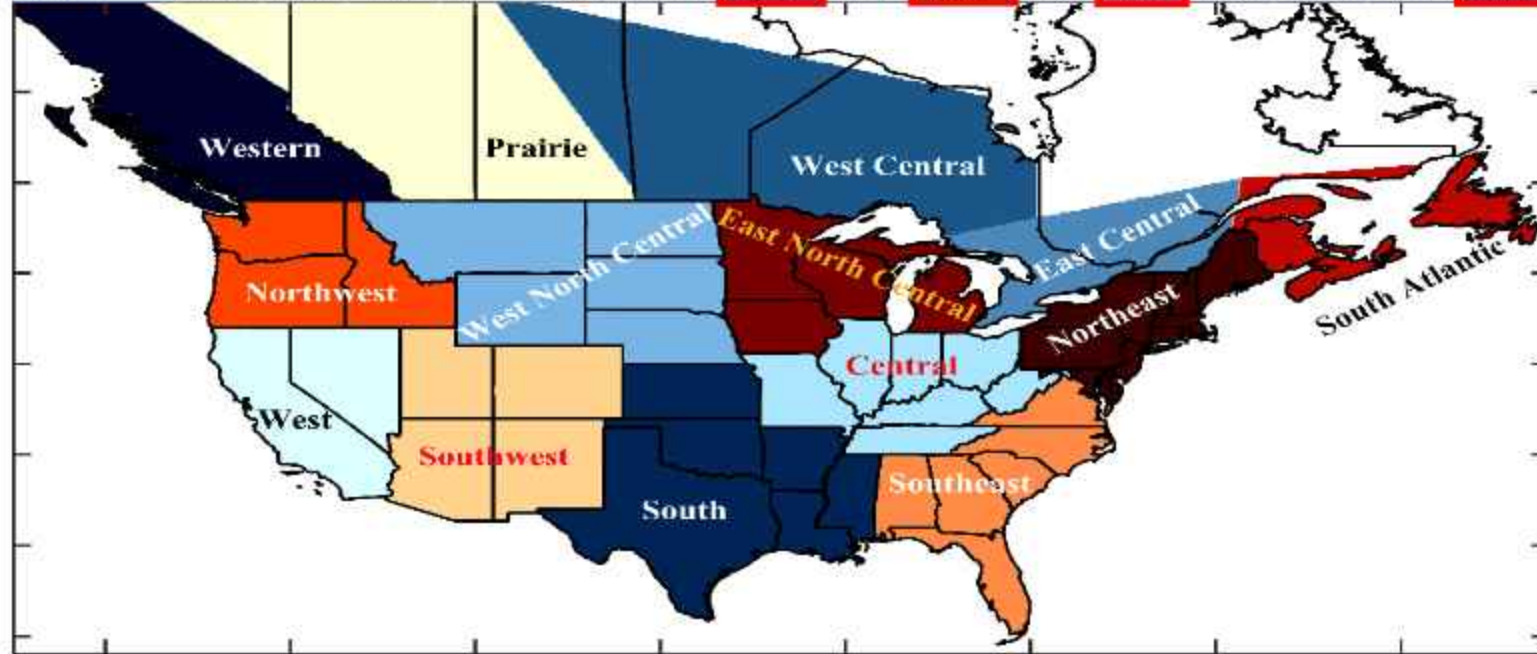


Pollutants	PC1	PC2	PC3
$\text{NO}_2$	0.41	-0.10	-0.18
$\text{SO}_2$	0.36	-0.47	-0.25
$\text{PM}_{2.5}$	0.43	0.06	0.11
HCHO	0.41	-0.07	0.06
$\text{NH}_3$	0.30	0.50	0.67
CO	0.44	-0.26	0.13
Ozone	0.27	0.67	-0.65

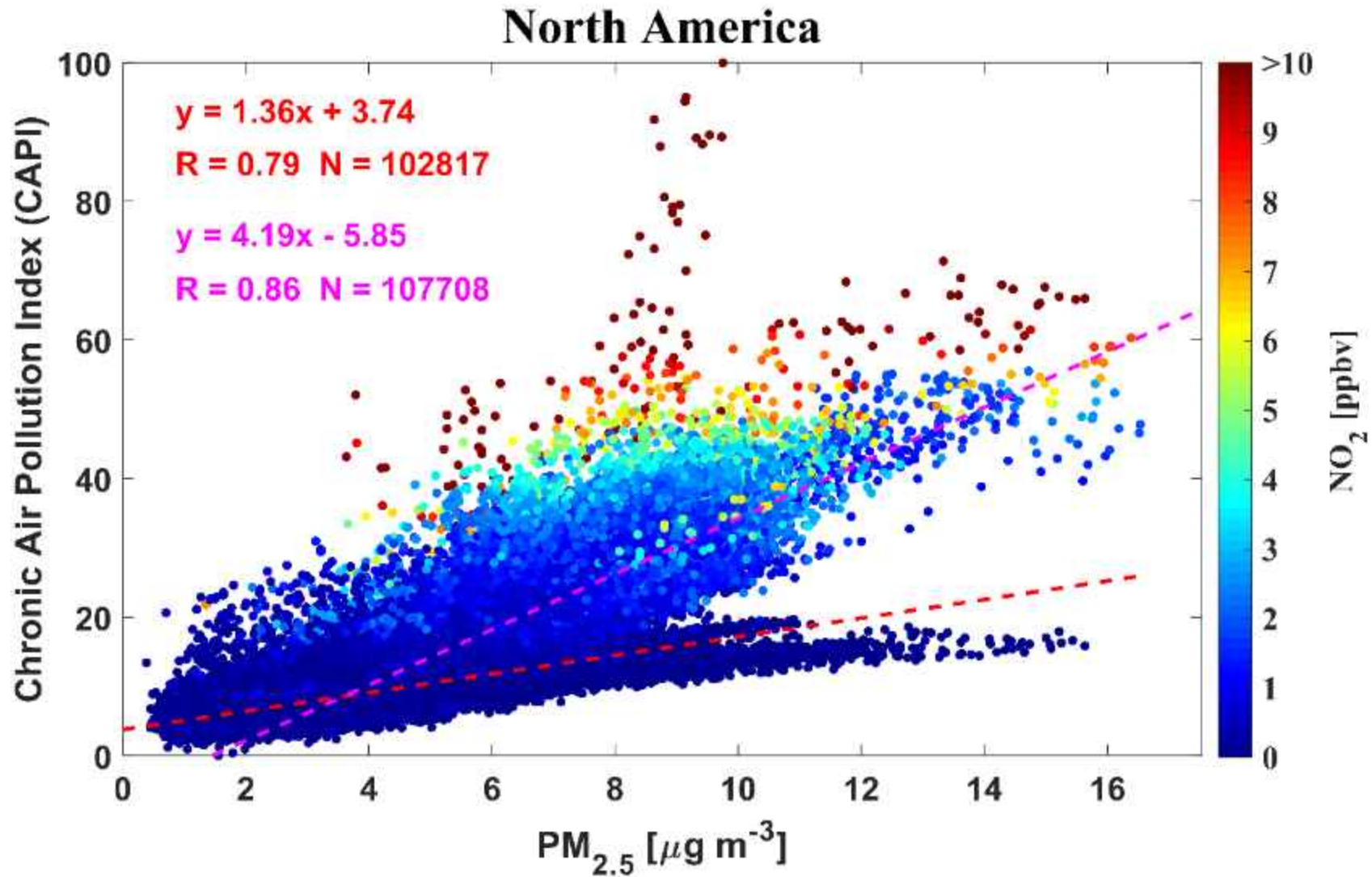


# Regional variation in mixtures

Pollutants	NA	WE	NW	P	WNC	WC	ENC	C	EC	SA	NE	W	SW	S	SE
NO <sub>2</sub>	0.41	0.54	-0.32	0.51	0.38	0.46	0.37	0.55	0.33	0.39	0.34	0.38	0.26	0.32	0.32
SO <sub>2</sub>	0.36	0.47	-0.39	0.01	0.06	-0.14	0.18	-0.08	-0.02	0.38	0.32	0.39	-0.10	0.37	0.34
PM <sub>2.5</sub>	0.43	0.43	0.20	0.29	0.43	-0.07	0.49	0.55	0.43	0.43	0.45	0.44	0.45	0.46	0.37
HCHO	0.41	0.02	0.30	0.30	0.33	0.11	0.40	-0.06	0.38	0.30	0.43	0.40	0.47	0.48	0.43
NH <sub>3</sub>	0.30	0.10	0.21	0.29	0.47	0.53	0.31	-0.06	0.42	-0.20	0.33	0.37	0.40	-0.24	0.28
CO	0.44	0.52	-0.53	0.60	0.51	0.48	0.44	0.55	0.45	0.50	0.39	0.44	0.45	0.49	0.49
Ozone	0.27	0.10	0.53	0.35	-0.27	0.49	0.39	-0.27	0.42	-0.37	0.37	0.12	-0.37	-0.17	0.38

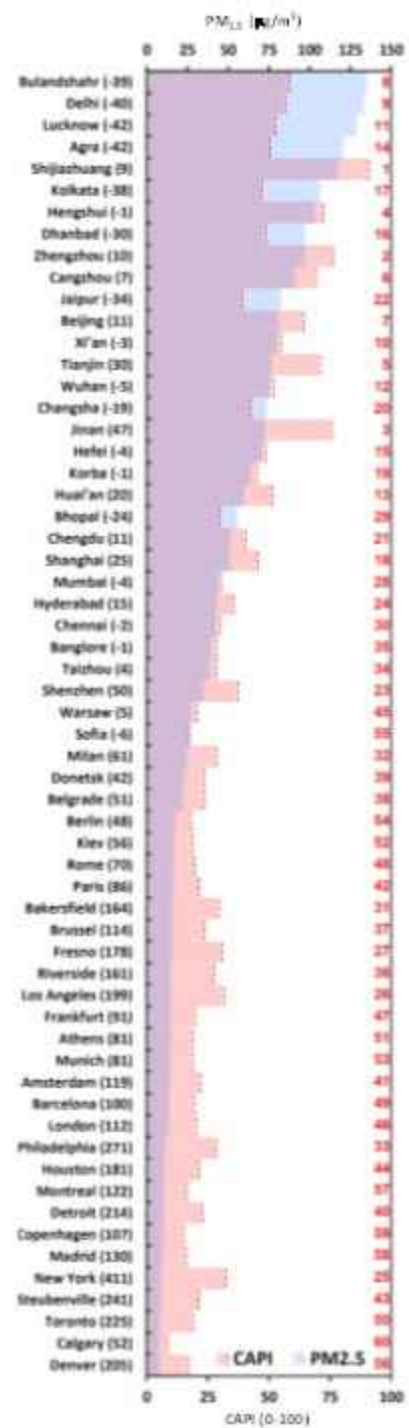
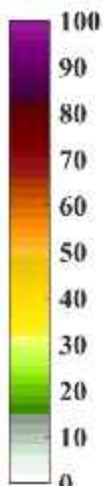
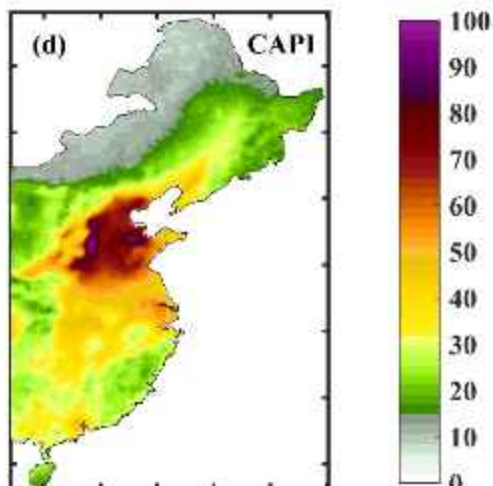
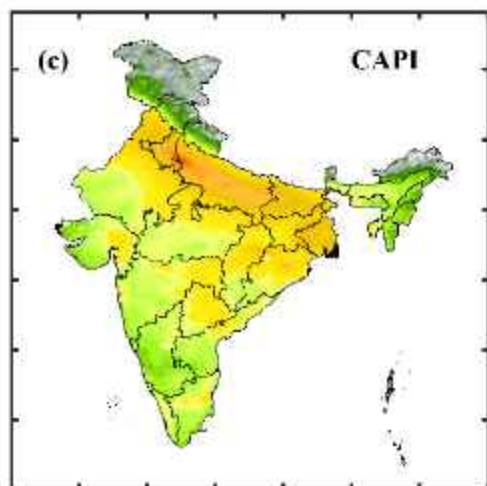
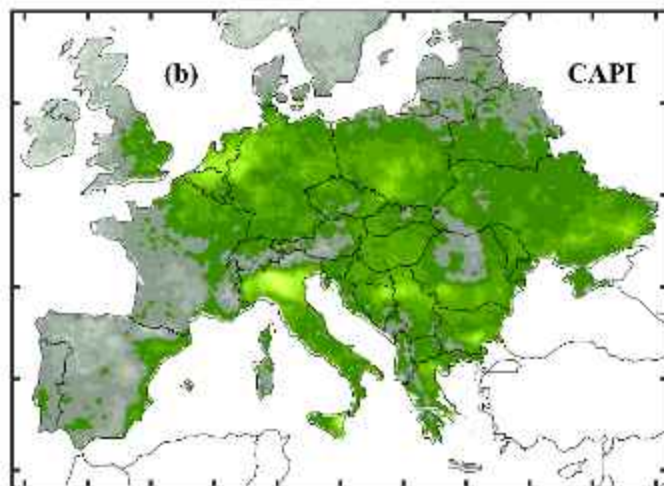
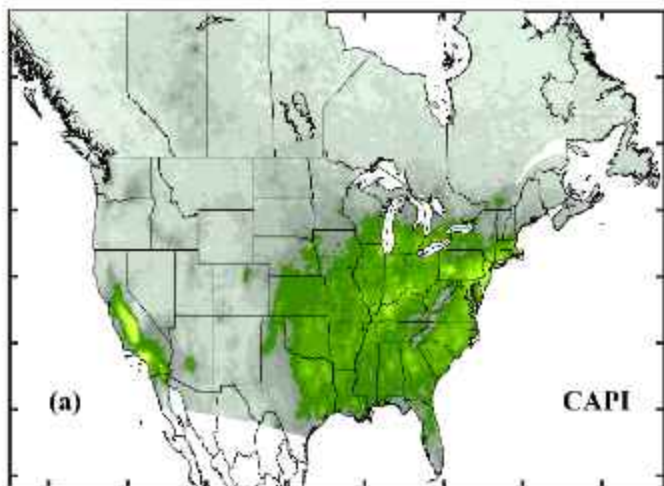


# PM<sub>2.5</sub> means different things





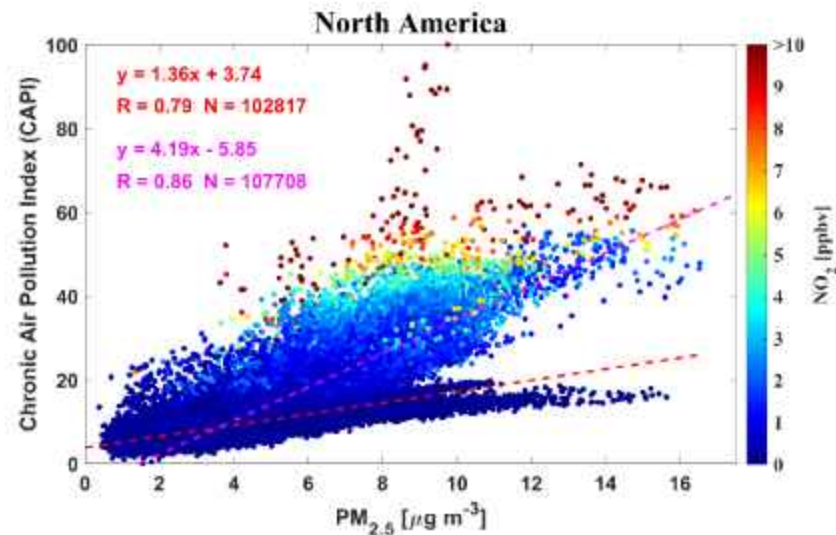
# Continental variation in CAPI



# Air pollution mixture complexity and its effect on $PM_{2.5}$ -related mortality

## *A multicountry time-series study in 264 cities*

Pierre Masselot<sup>a,\*</sup>, Haidong Kan<sup>b</sup>, Shailesh K. Kharol<sup>c,d</sup>, Michelle L. Bell<sup>e,f</sup>, Francesco Sera<sup>g</sup>, Eric Lavigne<sup>h,i</sup>, Susanne Breitner<sup>j,k</sup>, Susana das Neves Pereira da Silva<sup>l</sup>, Richard T. Burnett<sup>m</sup>, Antonio Gasparri<sup>a</sup>, Jeffrey R. Brook<sup>n</sup>, on behalf of the MCC Collaborative Research Network



Mixture complexity index =  $CAPI/PM_{2.5}$

# Health Relevance of the CAPI

**Table 2.**

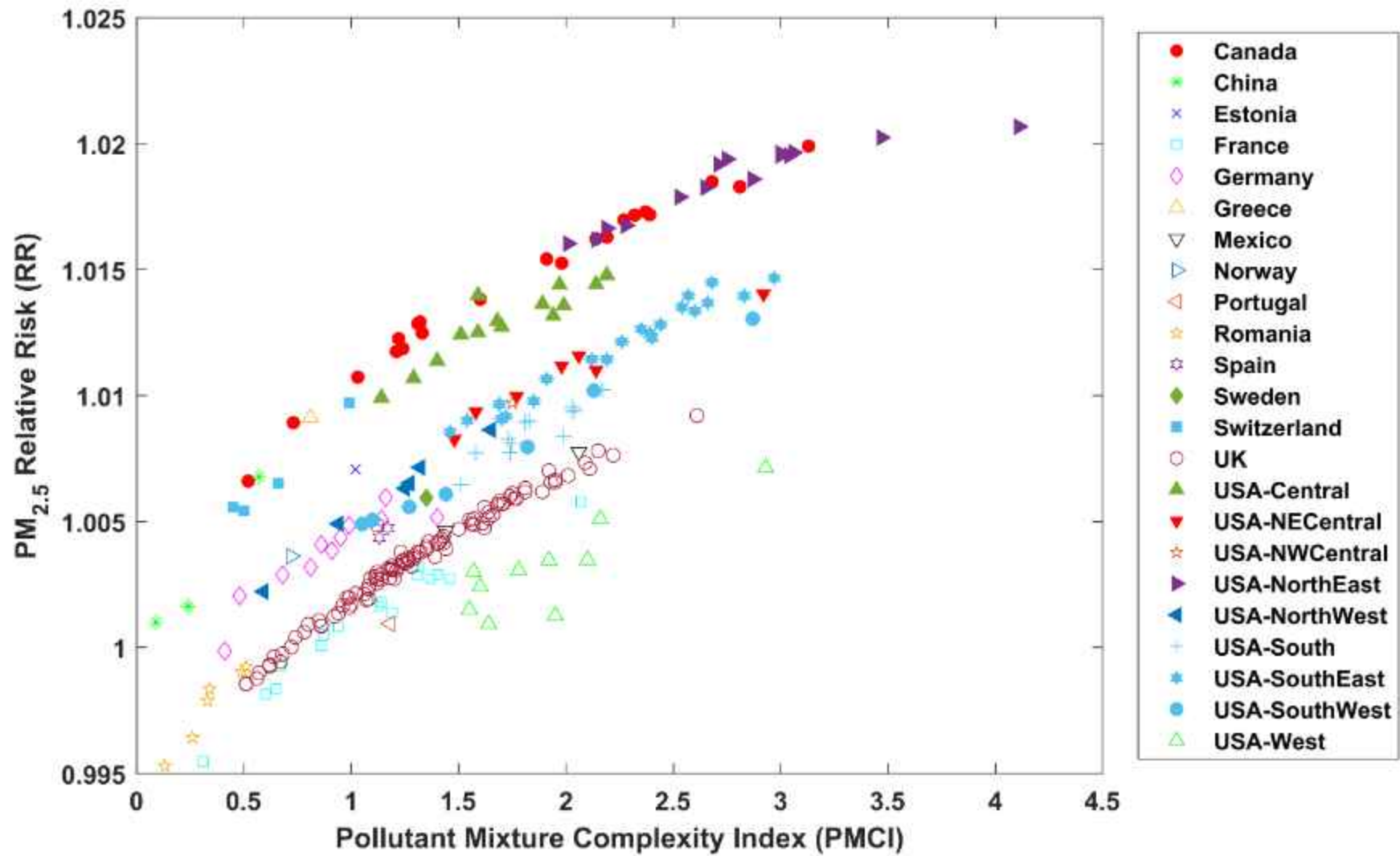
Results of the main and benchmark models, including the relative excess risk (RER) associated with an interquartile range increase of the effect modifier, as well as the *P* value from a likelihood ratio test (LRT), the (corrected) Akaike information criterion (AIC), and Bayesian information criterion (BIC)

Model	RER (95% CI)	LRT <i>P</i> value	AIC	BIC
Main		<b>0.0000</b>	<b>-1566.22</b>	<b>-1545.09</b>
PMCI	1.0042 (1.0023, 1.0061)			
Null			-1550.96	-1533.31
Gas mixture		0.0006	-1561.82	-1523.54
NO <sub>2</sub>	0.9994 (0.9983, 1.0005)			
SO <sub>2</sub>	0.9990 (0.9978, 1.0002)			
O <sub>3</sub>	0.9995 (0.9982, 1.0008)			
HCHO	1.0028 (1.0013, 1.0044)			
CO	1.0015 (1.0003, 1.0026)			
NH <sub>3</sub>	0.9999 (0.9997, 1.0001)			
O <sub>x</sub>		0.6883	-1549.03	-1527.90
O <sub>x</sub>	0.9996 (0.9978, 1.0014)			
PM <sub>2.5</sub> composition		0.0096	-1555.06	-1516.77
SO <sub>4</sub> <sup>2-</sup>	1.0017 (0.9945, 1.0090)			
NH <sub>4</sub> <sup>+</sup>	1.0031 (1.0002, 1.0059)			
NO <sub>3</sub> <sup>-</sup>	0.9971 (0.9955, 0.9987)			
BC	1.0020 (0.9992, 1.0049)			
OC	1.0011 (0.9991, 1.0031)			
SS	0.9977 (0.9913, 1.0042)			
DUST	0.9882 (0.9738, 1.0029)			

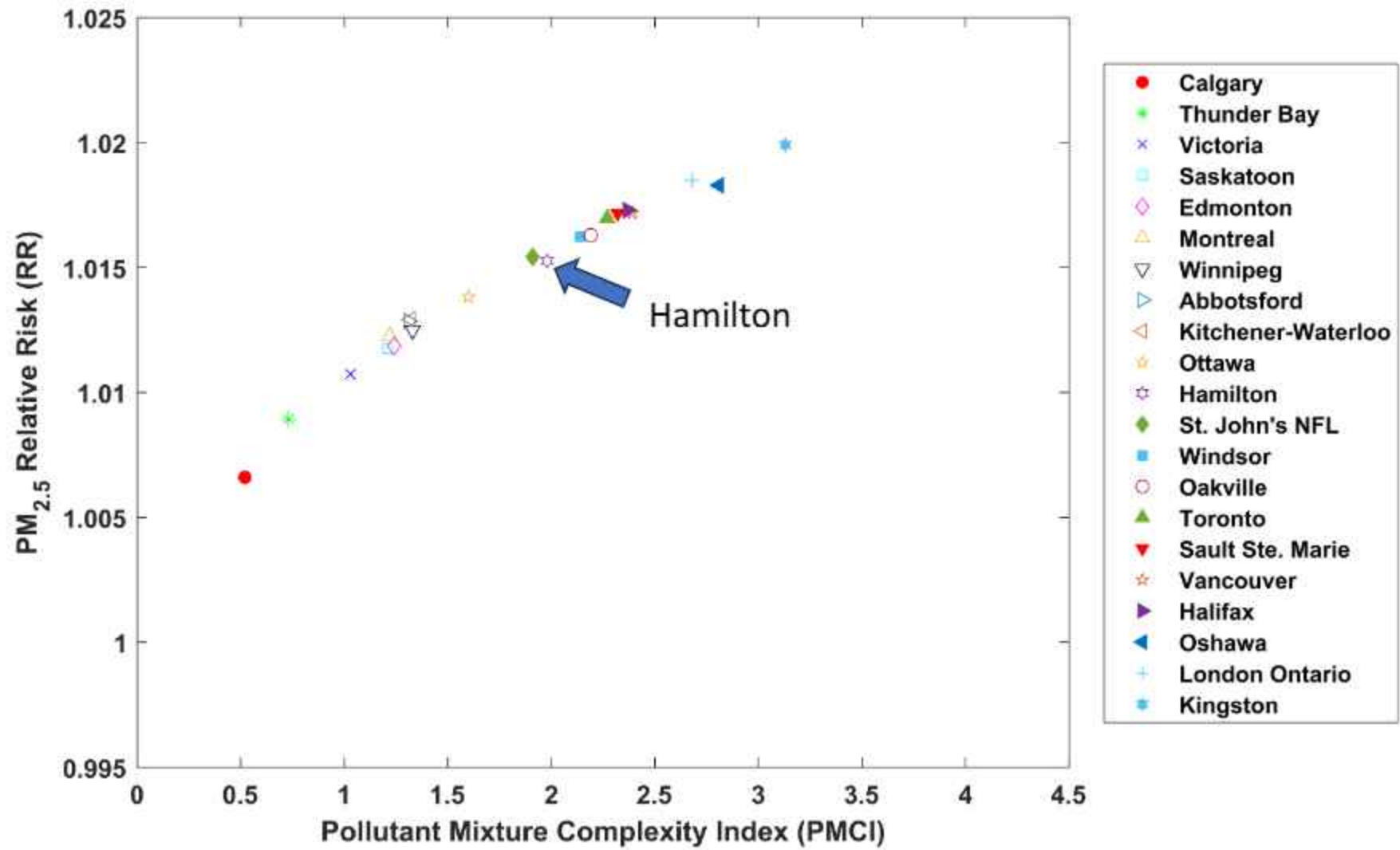
Best values for each criterion are indicated in bold.

BC, black carbon; DUST, mineral dust; OC, organic carbon; SS, sea salt.









- Clear epidemiological evidence in Canada of the impact of air pollution mixtures on health outcomes
- Continental to global observations of spatial air pollutant patterns reveal a common thread related to photochemical processing of combustion emissions
- The importance of this mixture relative to PM<sub>2.5</sub> explains within country/region variations in acute PM<sub>2.5</sub> mortality impacts

# Next Steps

- Explain the different curves in RR vs. PMCI
- Expand to globe and more recent years
- Promote use in epidemiological research
  - CANUE.CA
- Enhance AQ models to predict CAPI
- Assess how geographically-varying RR impacts air pollution burden estimates
- Promote as single Environmental Performance Indicator for air pollution
  - chronic exposure to  $PM_{2.5}$  is the only indicator in terms of air quality and health, indicators for other pollutants, such as  $SO_2$  and  $NO_2$ , are included separately

THE LANCET  
February 10, 2018



Comment

A Doughnut for the Anthropocene: humanity's compass in the 21st century



Raworth, 2017